

# THE PARISH OF ABBOTS LANGLEY

St Lawrence the Martyr, Abbots Langley  
with the Church of the Ascension, Bedmond

1st March 2026

## THE SECOND SUNDAY OF LENT



### TODAY

**8.00am** Eucharist at St Lawrence Church

**President & Preacher:** Revd Peter Waddell

**Reader:** Hilary Causer

**9.30am** Eucharist at St Lawrence Church

**President & Preacher:** Revd Peter Waddell

**Reader:** Chris Sanders

**Intercessions:** Maureen Finerty

**President & Preacher:** Revd Peter Waddell

**Reader:** Anne Goldsmith

#### Readings:

Genesis 12: 1 - 4a (P. 10)

Romans 4: 1 - 5, 13 - 17 (P. 150)

John 3: 1 - 17 (P. 90)

#### Hymns:

368: All my hope on God is founded  
Psalm 121

622: Will you come and follow me

603: Thou hidden source of calm repose

362: Tell out my soul

**5.00pm** Breathing Space at St Lawrence Church

**6.30pm** Nameless Youth Group in the Breakspear Room

### WELCOME

Welcome to our worship today, especially to visitors and newcomers! Do please make yourself known, and stay for refreshments in the church hall afterwards.

All baptised Christians are welcome to receive communion here. If for any reason you'd rather not, do come for a blessing instead, bringing the service booklet with you as a sign that's what you'd prefer.



Please tell a welcomer before the service if you would like a gluten-free wafer at communion. There is no obligation to receive the wine if this causes anxiety.

**Our main Sunday morning service is filmed for live video streaming as well as other special services and can be viewed at [www.churchmedia.tv/abbotslangley](http://www.churchmedia.tv/abbotslangley) or via our website [www.abbotslangley.org.uk](http://www.abbotslangley.org.uk).**

Recordings may also be retained and made available through other sites (e.g. Facebook and YouTube). The objective of this is to provide accessibility to those who are unable to attend.

For those unable to attend church due to medical reasons, we will be delighted to bring communion to you at home: please do ask! A T-loop is provided for hearing-aid users.



**Refreshments will be served in the hall after the 9.30am service**



[www.abbotslangley.org.uk](http://www.abbotslangley.org.uk)

## THE PRAYERS AND BIBLE READINGS

### COLLECT:

Almighty God, you show to those who are in error the light of your truth, that they may return to the way of righteousness: grant to all those who are admitted into the fellowship of Christ's religion, that they may reject those things that are contrary to their profession, and follow all such things as are agreeable to the same; through our Lord Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

### POST COMMUNION:

Almighty God, you see that we have no power of ourselves to help ourselves: keep us both outwardly in our bodies, and inwardly in our souls; that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord.

### PSALM 121:



My help comes from the Lord, the ma-ker of heaven and earth.

**Response:** *My help comes from the Lord, the maker of heaven and earth.*

I lift up my eyes to the hills; from where is my help to come?  
My help comes from the Lord, the maker of heaven and earth.

**Response:**

He will not suffer your foot to stumble; he who watches over you will not sleep.  
Behold he who keeps watch over Israel shall neither slumber nor sleep.

**Response:**

The Lord himself watches over you; the Lord is your shade at your right hand,  
So that the sun shall not strike you by day, neither the moon by night.

**Response:**

The Lord shall keep you from all evil; it is he who shall keep your soul.  
The Lord shall keep watch over your going out and your coming in, from this time forth for evermore.

**Response:**

### ANTHEM:

**God so loved the world**

*Sir John Stainer*

God so loved the world, that He gave His only -begotten Son,  
that whoso believeth in Him should not perish, but have everlasting life.  
For God sent not His Son into the world to condemn the world;  
but that the world through Him might be saved.  
Amen.

### David, Patron Saint of Wales - 1 March

David, or Dewi, was a monk and a bishop in the sixth century. He was reputed to be an exemplar of the ascetic, spiritual life but was also highly regarded for his kindness and compassion to others, particularly the poor and the sick. He is believed to have founded the monastery at Menevia, now St David's, and also at least a dozen other monasteries. He is said to have based his Rule for his monasteries on that of the Egyptian desert monks, with a strong emphasis on hard work, abstinence from alcohol and a refraining from unnecessary speech. He died in about the year 601 and has been regarded as the patron saint of Wales since at least the twelfth century.

## FOR OUR PRAYERS

- For the parish of St Matthews, Oxhey
- For the PCC
- For Abbots Langley School
- For all victims of abuse

### FOR THOSE WHO ARE ILL OR IN NEED

Chris Ballard; Christopher Seabrook;  
Sandra Clarke; Bernard Eamer; Ann  
Staines; Clive Moon; William Kimber;  
Joan Harding

### FOR THE DEPARTED

Tony Smith; Peter Slade;  
Gill Scrase

## NEXT SUNDAY

**Sunday 8th March 2026**

### The Third Sunday of Lent

- 8.00am Eucharist at St Lawrence Church
- 9.30am Second Sunday at St Lawrence Church
- 11.30am Eucharist at the Tin Church
- 5.00pm Choral Evensong at St Lawrence Church

## READINGS NEXT SUNDAY

Exodus 17: 1 - 7 (P. 66)  
Romans 5: 1 - 11 (P. 151)  
John 4: 5 - 42 (P. 91)

## AVAILABILITY

Peter is off on Monday.

## THE COMING WEEK

### **Monday - Saturday, 9.15am**

Morning Prayer

*In the Corpus Christi Chapel*

### **Monday 2nd March**

10.00am Coffee Morning  
*Breakspeare Room*

7.30pm Bell Ringing Practice  
*St Lawrence Church*

### **Tuesday 3rd March**

10.30am Tiny Tots  
*St Lawrence Church*

2.30pm Funeral of Peter Slade  
*West Herts Crematorium*

8.00pm Blokes  
*Breakspeare Room*

### **Wednesday 4th March**

10am Coffee Morning  
*The Tin Church*

12.00pm Eucharist  
*St. Lawrence Church*

2.00pm Compassionate Café  
*Breakspeare Room*

6.30pm Junior Choir Rehearsal  
*St Lawrence Church*

8.00pm Choir Rehearsal  
*St Lawrence Church*

### **Thursday 5th March**

1.00pm and 8.00pm Lent Course  
*St Lawrence Church*

3.30pm Funeral of Tony Smith  
*West Herts Crematorium*

### **Friday 6th March**

10.00am Bedmond Bells WI Craft and Chat  
*The Tin Church*

2.00pm Craft and Conversation  
*The Breakspeare Room*

6.30pm Monthly Quarter Peal Attempt  
*St Lawrence Church*

### **Saturday 7th March**

7.00pm Quiz Night  
*St Lawrence Church Hall*

There is no collection during today's service. If you would like to give this morning, please use the contactless giving point at the back of Church, or just leave your gift on the offering plates at the back or scan the QR code. Thank you.



Many of our worshippers **support the work of the Parish financially** through regular planned giving. If you don't yet, please do—ideally using the Parish Giving Scheme. It is really easy to do: just visit [www.paritygiving.org.uk](http://www.paritygiving.org.uk) and search for 'Abbots Langley and Bedmond'. Alternatively, please call 0333 002 1260. For any queries about giving to the parish, please email: [churchwarden2@abbotslangley.org.uk](mailto:churchwarden2@abbotslangley.org.uk)

**Lent Course - The Eucharist: What's it all about?** Continues on Thursday at 1.00pm and 8pm in the Breakspear Room.

**The funeral of Tony Smith** will be at West Herts Crem on 5th March at 3.30pm. All are welcome: full details at <https://tinyurl.com/9ahkptef>

**Junior Choir Jumpers!** Anyone who has previously had a child in the junior choir (however long ago!) please can you have a look to see if you have any old jumpers at home as we are running very low. Please hand them to Marianne or the church office.

**MALAWI QUIZ NIGHT: SAT MARCH 7TH CHURCH HALL 7PM:** Come and join in the fun. £15pp includes a two course supper. BYO drinks. Tables of 8, make up

your own table or join one on the night. Please contact Wendy Meldrum at [wendymeldrum@gmail.com](mailto:wendymeldrum@gmail.com) or the Church office: 01923 261793

**Palm Cross Making** - All are welcome to join Mothers' Union on **25<sup>th</sup> March in the Breakspear Room** to make Palm Crosses from 10.00am onwards - please bring some scissors - instructions will be available.

**The Annunciation** – led by Peter, at St Albans Cathedral. Join Peter for an evening exploring what makes the Virgin Mary so remarkable. Wednesday 25th March. Eucharist at 7pm is followed by the lecture. **Tickets will be on sale until midday on the day of the event.** Visit: [www.stalbanscathedral.org/Event/the-annunciation](http://www.stalbanscathedral.org/Event/the-annunciation). Phone bookings possible on 01727 890290.

**Coffee Morning at the Tin Church** - Wednesday 4th March 10am - 12pm. Filter coffee and a selection of teas available. Cakes. Handmade cards, home produce, books and bric a brac on sale. All are warmly welcome.

**Blokes** - A new monthly group just for men to chat in a relaxed, informal setting. Held on the first Tuesday of every month, starting this Tuesday, 3rd March, at 8:00pm in the Breakspear Room. All are welcome.

## CONTACT DETAILS

**Vicar:** Revd Dr Peter Waddell 07552 359046  
Email: [vicar@abbotslangley.org.uk](mailto:vicar@abbotslangley.org.uk)

**Safeguarding Officer:** Roxanne Yau  
[safeguarding@abbotslangley.org.uk](mailto:safeguarding@abbotslangley.org.uk)

**Churchwardens:** Tom Betteridge and Richard Baldwin ([churchwardens@abbotslangley.org.uk](mailto:churchwardens@abbotslangley.org.uk))

**Director of Music:** Marianne Chapman  
Email: [directorofmusic@abbotslangley.org.uk](mailto:directorofmusic@abbotslangley.org.uk)

**Church Office Opening Times:**  
10.00am until 12.30pm Mon - Fri - 01923 261795  
Email: [adminstlawrence@abbotslangley.org.uk](mailto:adminstlawrence@abbotslangley.org.uk)

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*If anyone needs the ministry of a priest at any time,  
please contact Peter directly.*