

THE PARISH OF ABBOTS LANGLEY

St Lawrence the Martyr, Abbots Langley
with the Church of the Ascension, Bedmond

10th March 2024

THE FOURTH SUNDAY OF LENT / MOTHERING SUNDAY



TODAY

8.00am Eucharist at
St Lawrence Church

**President &
Preacher:** Revd. Peter Waddell

Reader: David Staines

9.30am Second Sunday Service at
St Lawrence Church

**President &
Preacher:** Revd. Peter Waddell

11.30am Bible Brunch at the Church
of the Ascension

Leader: Revd. Helen Neville

Readings:
Numbers 21: 4 - 9 (P. 145)
(Ephesians 2: 1 - 10) (P. 189)
John 3: 14 - 21 (P. 90)

5.00pm: BCP Evening Prayer

Annual Vestry Meeting and APCM

This year's Annual Vestry Meeting and APCM will be held on Tuesday 23rd April at 8.00pm in St Lawrence Church Hall. At this meeting we elect our churchwardens and new members of the PCC. If you are interested in becoming a Churchwarden, joining the PCC or one of the committees then speak to Peter, Helen or one of the Churchwardens.

WELCOME

Welcome to our worship today, especially to visitors and newcomers! Do please make yourself known, and stay for refreshments in the church hall afterwards.

All baptised Christians are welcome to receive communion here. If for any reason you'd rather not, do come for a blessing instead, bringing the service booklet with you as a sign that's what you'd prefer.

Please tell a welcomer before the service if you would like a gluten-free wafer at communion. There is no obligation to receive the wine if this causes anxiety.



Our main Sunday morning service is filmed for live video streaming as well as other special services and can be viewed at www.churchmedia.tv/abbotslangley or via our website www.abbotslangley.org.uk. Recordings may also be retained and made available through other sites (e.g. Facebook and YouTube). The objective of this is to provide accessibility to those who are unable to attend.

For those unable to attend church due to medical reasons, we will be delighted to bring communion to you at home: please do ask!



**Refreshments
will be served
in the Church
Hall after the
9.30am service.**



www.abbotslangley.org.uk

THE PRAYERS AND BIBLE READINGS

COLLECT:

God of compassion, whose Son Jesus Christ, the child of Mary, shared the life of a home in Nazareth, and on the cross drew the whole human family to himself: strengthen us in our daily living that in joy and in sorrow we may know the power of your presence to bind together and to heal; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

POST COMMUNION PRAYER:

Loving God, as a mother feeds her children at the breast you feed us in this sacrament with the food and drink of eternal life: help us who have tasted your goodness to grow in grace within the household of faith; through Jesus Christ our Lord.

'FOOD FOR THOUGHT'

Drop your grand pretensions, you're a sinner. Drop your small ambitions, you're the love of His heart. (Tim Keller)

'Exclusivism is the besetting sin of religious conservatives, smugness that of religious liberals.' (Chris Marshall)

'My neighbour is also always somebody who is already in a relation with God before they're in a relation with me. That means there's a very serious limit on my freedom to make of my neighbour what I choose, because, to put it very bluntly, they don't belong to me, and their relation to me is not all that is true of them, or even the most important thing that is true of them.' (Rowan Williams, *Being Human*, p.37)



African Gourmet Dinner with Entertainment

- ◆ *Three course menu designed by our French Chef Michel.*
- ◆ *Great entertainment through the evening with Stratosfrere.*
- ◆ *Soft Drinks and South African Wine can be purchased on arrival.*

Saturday 16th March 2024

£22.50 per person

- ◆ **Doors open at 7.00pm with a welcome mocktail.**
- ◆ **Tables of up to 6 maximum - Book your own table or join another table on the night.**

***St Lawrence Church Hall
High Street, Abbots Langley
WD5 0AS***

Tickets are available from:

**Wendy Meldrum; 01923 267383 /
Wendymeldrum@gmail.com**



FOR OUR PRAYERS

- For Soul Survivor Church, Watford
- For the people of Gaza and Israel and the wider region
- For those in need in our community
- For our Messy Church

FOR THOSE WHO ARE ILL OR IN NEED

Chris Ballard; Martin Greeves; Ray Wicks; Jo; Holly; Bishop Alan; The King; Sean Furlong;

FOR THE DEPARTED

Rob Lambert; Alan Bland; Michelle Baxter;

NEXT SUNDAY

17th March 2024

The Fifth Sunday of Lent

- 8.00am Eucharist St. Lawrence Church
- 9.30am Eucharist at St Lawrence Church
- 11.30am Eucharist at The Church of the Ascension
- 5.00pm Taizé Service at St Lawrence Church

READINGS NEXT SUNDAY

Jeremiah 31: 31 - 34 (P. 746)
Hebrews 5: 5 - 10 (P. 217)
John 12: 20 - 33 (P. 103)

AVAILABILITY

Peter and Helen are both off on Friday.
Helen has Diocesan Training on Saturday.

THE COMING WEEK

Monday - Saturday, 9.15am

Morning Prayer
In the Corpus Christi Chapel

Monday 11th March

10.00am Coffee Morning
Breakspear Room

1.45pm Tiny Tots
Breakspear Room

7.30pm Bell ringing practice
St Lawrence Church

Tuesday 12th March

10.00am Abbots Langley Primary Year 6
St Lawrence Church and Church Hall

11.00am Abbots Langley Primary Year 6
St Lawrence Church and Church Hall

12.30pm CTAL Lent Course
Breakspear Room

6.30pm Castano Court AGM
Breakspear Room

8.00pm Property Committee Meeting
Corpus Christi Chapel

8.00pm CTAL Lent Course
Zoom

Wednesday 13th March

11.00am Mothers' Union
Breakspear Room

11.15am Contemplative Prayer
In the Corpus Christi Chapel

12.00pm Eucharist
St Lawrence Church

3.30pm Messy Church
Methodist Church

6.30pm Youth Choir
St Lawrence Church

8.00pm Choir Rehearsal
St Lawrence Church

Thursday 14th March

11.30am Bedmond Bells Community Café
Church of the Ascension

8.00pm Friends and Faith Group
Breakspear Room

Friday 15th March

10.00am Bedmond Bells Craft and Chat
The Church of the Ascension

2.00pm Craft and Conversation
Breakspear Room

Saturday 16th March

7.00pm Malawi African Dinner
St Lawrence Church Hall

There is no collection during today's service. If you would like to give this morning, please use the contactless giving point at the back of Church, or just leave your gift on the offering plates at the back. Thank you.

Many of our worshippers **support the work of the Parish financially** through regular planned giving. If you don't yet, please do—ideally using the Parish Giving Scheme. It is really easy to do: just visit www.paritygiving.org.uk and search for 'Abbots Langley and Bedmond'. Alternatively, please call 0333 002 1260. For any queries about giving to the parish, please email: giving@abbotslangley.org.uk. Parish Giving Packs can be collected from St Lawrence Church or from the Church Office.

The Sunday Lunch in March will now be held on the 4th Sunday - 24th March at 1.00pm.

CTAL Lent Course - 'Be Still' looks at how to make the best of some daily time with God Tuesday 20th February - Tuesday 19th March 12.30pm - 2pm in the Breakspear Room. There is also a Lent Course via Zoom, Tuesday 20th February to Tuesday 19th March 8pm - 9pm (Zoom details provided by the Church Office).

Palm Crosses - All are welcome to come and make Palm Crosses on 20th March 10.30am in the Breakspear Room, ready for Palm Sunday. Many hands make light work! Training given on the day, just bring a pair of scissors.

Thank you to the MU and especially Doreen Higgs who have provided the simnel cake for us all to share after the 9.30am service today.

Malawi trip in May - Items for Malawi: We are now collecting items for both the container and to take with us when we visit Malawi in May. There are flyers at the back of Church with lists of items needed in the Hospital, nurseries and school in Malosa. In particular, we are collecting PPE for the hospital (disposable gloves, masks and aprons), children's clothes and knitted jumpers for the nurseries, Maths equipment (calculators, protractors, compasses etc) for the school. Please take a look at the full list at the back of Church and let us know if you are able to donate. You can contact the team or take your items to the Church Office during office hours in the morning. Contact: Wendy Meldrum on wendymeldrum@gmail.com Thank you!

We are looking for two new helpers to work along side others already on the coffee rota for Sunday coffee. This is to help serve coffee on a Sunday 6 times a year. If you could help us please let Amanda or Carol know.

Outside of the Gospels, Paul's Letter to the Romans has a good claim to be the most influential Christian writing ever. For good or ill, it has shaped how Christians think for two thousand years. It is glorious, infuriating, complex, simple, bewildering, good for the soul and rich for the mind. Come and find out why, as our **Friends and Faith sessions** look at this letter over the coming weeks. **Thursday at 8pm in the Breakspear Room**, and everyone is very welcome!

If you would like **breakfast on Easter Monday** (1st April) before walking to St Albans Abbey, please sign the sheet at the back of church.

CONTACT NUMBERS

Vicar:

Revd Dr Peter Waddell 07552 359046
Email: vicar@abbotslangley.org.uk

Curate:

Revd. Helen Neville 07718 172642
Email: curate@abbotslangley.org.uk

Safeguarding Officer:

Roxanne Yau
safeguarding@abbotslangley.org.uk

Reader:

Mrs Sally Sanderson - 01923 265963

Director of Music

Marianne Ryall
Email: directorofmusic@abbotslangley.org.uk

Church Office Opening Times:

10.00am until 12.30pm Mon-Fri - 01923 261795
Email: adminstlawrence@abbotslangley.org.uk

If anyone needs the ministry of a priest at any time, day or night, please contact Peter directly.