

# THE PARISH OF ABBOTS LANGLEY

St Lawrence the Martyr, Abbots Langley  
with the Church of the Ascension, Bedmond

25th February 2024

THE SECOND SUNDAY OF LENT



## TODAY

- 8.00am** Eucharist at  
St Lawrence Church
- President & Preacher:** Revd. Peter Waddell
- Reader:** David Staines
- 9.30am** Eucharist at St Lawrence
- President & Preacher:** Revd. Peter Waddell
- Reader:** Gillian Furphy
- Intercessions:** Wendy Meldrum
- 11.30am** Eucharist at The Church of  
the Ascension
- Reader:** Pam Rastall
- President & Preacher:** Revd. Peter Waddell
- Readings:**  
Genesis 17: 1 - 7, 15 - 16 (P. 13)  
(Romans 4: 13 - end) (P. 150)  
Mark 8: 31 - end (P. 42)
- Hymns:**  
555: Praise my soul, the king of Heaven  
582: Take up thy cross the Saviour said  
470: I the Lord of sea and sky  
603: Thou hidden source of calm repose  
386: Be thou my vision
- 3.30pm:** The Spark at  
St Lawrence Church

## WELCOME

Welcome to our worship today, especially to visitors and newcomers! Do please make yourself known, and stay for refreshments in the church hall afterwards.

All baptised Christians are welcome to receive communion here. If for any reason you'd rather not, do come for a blessing instead, bringing the service booklet with you as a sign that's what you'd prefer.

Please tell a welcomer before the service if you would like a gluten-free wafer at communion. There is no obligation to receive the wine if this causes anxiety.



**Our main Sunday morning service is filmed for live video streaming as well as other special services and can be viewed at [www.churchmedia.tv/abbotslangley](http://www.churchmedia.tv/abbotslangley) or via our website [www.abbotslangley.org.uk](http://www.abbotslangley.org.uk).** Recordings may also be retained and made available through other sites (e.g. Facebook and YouTube). The objective of this is to provide accessibility to those who are unable to attend.

For those unable to attend church due to medical reasons, we will be delighted to bring communion to you at home: please do ask!



**Refreshments  
will be served  
in the Church  
Hall after the  
9.30am service.**



[www.abbotslangley.org.uk](http://www.abbotslangley.org.uk)

## THE PRAYERS AND BIBLE READINGS

### COLLECT:

Almighty God, you show to those who are in error the light of your truth, that they may return to the way of righteousness: grant to all those who are admitted into the fellowship of Christ's religion, that they may reject those things that are contrary to their profession, and follow all such things as are agreeable to the same; through our Lord Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

### POST COMMUNION PRAYER:

Almighty God, you see that we have no power of ourselves to help ourselves: keep us both outwardly in our bodies, and inwardly in our souls; that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord.

### 'FOOD FOR THOUGHT'

'lasting hope does not come from a cheerful disposition, an unusually high serotonin level perhaps; it comes from the steady habit of reorienting your whole self to God ... slowly we add to the almost imperceptibly thin layers of lasting hope each time we turn our hearts honestly and fully towards God.' Ellen Davis, *Preaching the Luminous Word* (225)

'The greatest cause of suffering in so many of our people is their utter lack of inner preparation' Etty Hillsum

## George Herbert, Priest

### 27 February

Born in 1593 into the aristocratic Pembroke family, George Herbert went up to Cambridge in 1614, eventually becoming a fellow of Trinity College. At the age of twenty-five, he became Public Orator in the University and then a Member of Parliament, apparently destined for a life at court. To everyone's surprise, he decided to be ordained and, after spending a time with his friend Nicholas Ferrar at Little Gidding, he was made deacon in 1626. He married in 1629, was priested in 1630 and given the care of souls of the parish of Bemerton, near Salisbury, where he spent the rest of his short life. He wrote prolifically, his hymns still being popular throughout the English-speaking world. His treatise, *The Country Parson*, on the priestly life, and his poetry, especially *The Temple*, earned Herbert a leading place in English literature. He never neglected the care of the souls of Bemerton, however, and encouraged attendance at the weekday recitation of the daily office, calling to mind the words of his hymn, 'Seven whole days, not one in seven, I will praise thee'. He died on this day in 1633.



## FOR OUR PRAYERS

- For the parish of St. Paul's Langleybury, and St. Paul's CoE School
- For our local emergency services.
- For our Seekers (Sunday school)
- For the natural world, and the other creatures.

## FOR THOSE WHO ARE ILL OR IN NEED

Chris Ballard; Martin Greeves; Ray Wicks; Jo; Holly; Bishop Alan; The King;

## FOR THE DEPARTED

Kathleen Neal; Rob Lambert; Alan Bland (Norman Meldrum's brother in law)

## NEXT SUNDAY

**3rd March 2024**

### The Third Sunday of Lent

- 8.00am Eucharist St. Lawrence Church
- 9.30am Eucharist St Lawrence Church
- 11.30am Eucharist at The Church of the Ascension
- 5.00pm Breathing Space - What makes something beautiful?

## READINGS NEXT SUNDAY

Exodus 20: 1 - 17 (P. 68)  
1 Corinthians 1: 18 - 25 (P. 162)  
John 2: 13 - 22 (P. 89)

## AVAILABILITY

Peter is at a Rural Deans Conference Wednesday and Thursday.  
Peter and Helen are both off on Friday.

## THE COMING WEEK

### **Monday - Saturday, 9.15am**

Morning Prayer

*In the Corpus Christi Chapel*

### **Monday 26th February**

10.00am Coffee Morning  
*Breakspear Room*

1.40pm Funeral of Kathleen Neal  
*West Herts Crematorium*

1.45pm Tiny Tots  
*Breakspear Room*

7.30pm Bell ringing practice  
*St Lawrence Church*

### **Tuesday 27th February**

12.30pm CTAL Lent Course  
*Breakspear Room*

8.00pm CTAL Lent Course  
*Zoom*

### **Wednesday 28th February**

11.15am Contemplative Prayer  
*In the Corpus Christi Chapel*

## THERE IS NO EUCHARIST TODAY

6.30pm Youth Choir  
*St Lawrence Church*

8.00pm Choir Rehearsal  
*St Lawrence Church*

### **Thursday 29th February**

10.30am Herts/Glous/Sussex  
Bell Ringers  
*St Lawrence Church*

12.30pm Women of the New Testament  
*Breakspear Room*

8.00pm Friends and Faith Group  
*Breakspear Room*

### **Friday 1st March**

10.00am Bedmond Bells Craft and Chat  
*The Church of the Ascension*

2.00pm Craft and Conversation  
*Breakspear Room*

### **Saturday 2nd March**

9.30am Churchyard Working Party (CWP)  
*St Lawrence Churchyard*

11.00am Christening Prep Session  
*Breakspear Room*

There is no collection during today's service. If you would like to give this morning, please use the contactless giving point at the back of Church, or just leave your gift on the offering plates at the back. Thank you.

Many of our worshippers **support the work of the Parish financially** through regular planned giving. If you don't yet, please do—ideally using the Parish Giving Scheme. It is really easy to do: just visit [www.parishgiving.org.uk](http://www.parishgiving.org.uk) and search for 'Abbots Langley and Bedmond'. Alternatively, please call 0333 002 1260. For any queries about giving to the parish, please email: [giving@abbotslangley.org.uk](mailto:giving@abbotslangley.org.uk). Parish Giving Packs can be collected from St Lawrence Church or from the Church Office.

**Women of the New Testament - Thursdays from 12.30pm - 2.00pm** in the Breakspear Room. This daytime Bible group will be turning to look at some of the women of the New Testament (bring your lunch!).

Outside of the Gospels, Paul's Letter to the Romans has a good claim to be the most influential Christian writing ever. For good or ill, it has shaped how Christians think for two thousand years. It is glorious, infuriating, complex, simple, bewildering, good for the soul and rich for the mind. Come and find out why, as our **Friends and Faith sessions** look at this letter over the coming weeks. **Thursday at 8pm in the Breakspear Room**, and everyone is very welcome!

**The Sunday Lunch in March** will now be held on the 4th Sunday - 24th March at 1.00pm.

**Book of Remembrance** - we shall shortly be sending our Book of Remembrance to have it updated. If you have loved ones buried in the Garden of Remembrance and have been thinking about an entry in the book please get in contact with Amanda in the Church office as all entries will need to be received by 8th March, so that it can be included.

**Malawi trip in May** - we are asking people to do some knitting and sewing for the nurseries we will be visiting when we are there. If you are a knitter, there are some patterns at the back of the Church for knitting animal glove puppets. If you are a sewer we will have some alphabet panels for you to sew. See Wendy Meldrum for advice. **Do you have any white or plain coloured sheets** that you no longer need? We need them for making the alphabet panels that we will be taking to Malawi.

**CTAL Lent Course** - 'Be Still' looks at how to make the best of some daily time with God Tuesday 20th February - Tuesday 19th March 12.30pm - 2pm in the Breakspear Room. There is also a Lent Course via Zoom, Tuesday 20th February to Tuesday 19th March 8pm - 9pm (Zoom details provided by the Church Office).

**Palm Crosses** - All are welcome to come and make Palm Crosses on 20th March 10.30am in the Breakspear Room, ready for Palm Sunday. Many hands make light work! Training given on the day, just bring a pair of scissors.

## CONTACT NUMBERS

**Vicar:**

Revd Dr Peter Waddell 07552 359046  
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**Curate:**

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**Safeguarding Officer:**

Roxanne Yau  
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**Reader:**

Mrs Sally Sanderson - 01923 265963

**Director of Music**

Marianne Ryall  
Email: [directorofmusic@abbotslangley.org.uk](mailto:directorofmusic@abbotslangley.org.uk)

**Church Office Opening Times:**

10.00am until 12.30pm Mon-Fri - 01923 261795  
Email: [adminstlawrence@abbotslangley.org.uk](mailto:adminstlawrence@abbotslangley.org.uk)

***If anyone needs the ministry of a priest at any time, day or night, please contact Peter directly.***