

# THE PARISH OF ABBOTS LANGLEY

St Lawrence the Martyr, Abbots Langley  
with the Church of the Ascension, Bedmond

24th March 2024

PALM SUNDAY



## TODAY

**8.00am** Eucharist at  
St Lawrence Church

**President &  
Preacher:** Revd. Peter Waddell

**Reader:** David Staines

**11.00am** Palm Sunday Service at  
Kitters Green

**11.30am** Palm Sunday Service at  
St Lawrence Church

**President &  
Preacher:** Revd. Peter Waddell

**Reader:** Jan Palmer

**Intercessions:** Sally Sanderson

**Readings:**  
Psalm 118: 1 - 2, 19 - end (P. 576)  
Mark 11: 1 - 11 (P. 45)

**Hymns:**  
129: Ride on, ride on in majesty  
494: King of glory, King of peace  
128: All glory, laud and honour  
112: My song is love unknown  
538: O Jesus I have promised

**5.00pm:** BCP Evening Prayer

## WELCOME

Welcome to our worship today, especially to visitors and newcomers!

All baptised Christians are welcome to receive communion here. If for any reason you'd rather not, do come for a blessing instead, bringing the service booklet with you as a sign that's what you'd prefer.

Please tell a welcomer before the service if you would like a gluten-free wafer at communion. There is no obligation to receive the wine if this causes anxiety. Non alcoholic wine will also be available.



**Our main Sunday morning service is filmed for live video streaming as well as other special services and can be viewed at [www.churchmedia.tv/abbotslangley](http://www.churchmedia.tv/abbotslangley) or via our website [www.abbotslangley.org.uk](http://www.abbotslangley.org.uk).** Recordings may also be retained and made available through other sites (e.g. Facebook and YouTube). The objective of this is to provide accessibility to those who are unable to attend.

For those unable to attend church due to medical reasons, we will be delighted to bring communion to you at home: please do ask!



**There will be no refreshments after the 11.30am service today.**



[www.abbotslangley.org.uk](http://www.abbotslangley.org.uk)

## THE PRAYERS AND BIBLE READINGS

### **COLLECT:**

Almighty and everlasting God, who in your tender love towards the human race sent your Son our Saviour Jesus Christ to take upon him our flesh and to suffer death upon the cross: grant that we may follow the example of his patience and humility, and also be made partakers of his resurrection; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

### **POST COMMUNION PRAYER:**

Lord Jesus Christ, you humbled yourself in taking the form of a servant, and in obedience died on the cross for our salvation: give us the mind to follow you and to proclaim you as Lord and King, to the glory of God the Father.

### **FOOD FOR THOUGHT:**

Even the most faithful of Christians very often don't go to church very much throughout the week. Church, they often think, is for Sundays. Well, maybe in this Holy Week, make a change. Maundy Thursday and Good Friday are among the most momentous days of the year, and we damage our spiritual lives by not marking them properly. Next Sunday will be full of joy and celebration, and rightly so, but you won't know that in its full depth unless you have taken the time to dwell on Jesus' journey to the Cross.

Something else we don't do often enough is pray for a sustained, long time. Holy Week is a time to go beyond your five minutes here, your fifteen there. After the Maundy Thursday service at 8pm, church will remain open till midnight for people to sit in silence with God. Equally, on Friday, church will be open all day as a silent space before our 'hour at the cross' at 2pm, itself a meditative service. We often say we don't have time to pray as we should – that should not be the case on these two days.

You might think, 'but what would I do with the time?'. Well, maybe just sit in the silence and see what happens! But if, like many of us, you need something to focus on – how about a deep slow reading of several bible passages? Use the stories of Jesus' last hours from the Gospels; read Psalms 69 and 22; read the awesome Isaiah 53, or the deeply disturbing Genesis 22 (which will, if the vicar holds his nerve, form the focus of our Good Friday service...)

## FOR OUR PRAYERS

- For those on death row throughout the world
- For prisoners, innocent and guilty, and their families
- For all who facing their mortality
- For all who society treats as rubbish.

## FOR THOSE WHO ARE ILL OR IN NEED

Chris Ballard; Martin Greeves; Ray Wicks; Jo; Holly; Bishop Alan; The King; Sean Furlong; Tony Neville; The Princess of Wales;

## FOR THE DEPARTED

Rob Lambert; Alan Bland; Steve Laidler;

## NEXT SUNDAY

**31st March 2024**

### Easter Day

- 8.00am Easter Day Service at St Lawrence Church
- 9.30am Easter Day Service at St Lawrence Church
- 11.30am Easter Day Service at The Church of the Ascension
- 3.30pm Easter Spark Service at St Lawrence Church

## READINGS NEXT SUNDAY

Acts 10:34 - 43 (P. 126)  
1 Corinthians 15:1 - 11 (P. 172)  
John 20: 1 - 18 (P. 111)

## AVAILABILITY

Peter is on leave from 2nd - 10th April  
(excluding 7th April)  
Helen is off on Friday 5th April.

## THE COMING WEEK

**Monday - Saturday, 9.15am**

Morning Prayer

*In the Corpus Christi Chapel*

### Monday 25th March

10.00am Coffee Morning

*Breakspear Room*

1.45pm Tiny Tots

*Breakspear Room*

*No Bell Ringing practice during Holy Week*

### Tuesday 26th March

1.00pm Funeral of Robert Lambert

*St Lawrence Church*

### Wednesday 27th March

11.15am Contemplative Prayer

*In the Corpus Christi Chapel*

12.00pm Eucharist

*St Lawrence Church*

6.30pm Youth Choir

*St Lawrence Church*

8.00pm Choir Rehearsal

*St Lawrence Church*

### Thursday 28th March

8.00pm Maundy Thursday Service

*St Lawrence Church*

### Friday 29th March

*The Church Office is closed*

10.00am CTAL Walk of Witness

*St Paul's Church, Langleybury*

2.00pm An Hour at the Cross

*St Lawrence Church*

There is no collection during today's service. If you would like to give this morning, please use the contactless giving point at the back of Church, or just leave your gift on the offering plates at the back. Thank you.

Many of our worshippers **support the work of the Parish financially** through regular planned giving. If you don't yet, please do—ideally using the Parish Giving Scheme. It is really easy to do: just visit [www.parishgiving.org.uk](http://www.parishgiving.org.uk) and search for 'Abbots Langley and Bedmond'. Alternatively, please call 0333 002 1260. For any queries about giving to the parish, please email: [giving@abbotslangley.org.uk](mailto:giving@abbotslangley.org.uk). Parish Giving Packs can be collected from St Lawrence Church or from the Church Office.

**There will be no service at Bedmond today** due to the Palm Sunday service at 11.30am in St Lawrence Church.

**The Sunrise Service on Bedmond Playing Fields will be at 6.30am.**

**The Sunday Lunch is today** at 1.00pm.

**There will be no coffee morning on Easter Monday.**

If you would like **breakfast on Easter Monday** (1st April) before walking to St Albans Abbey, please sign the sheet at the back of church.

**The flyer at the back of church for "Items to Malawi" has been revised and updated. Please take a look! Malawi trip in May** - Please see flyers at the back of Church with lists of items needed in the Hospital, nurseries and school in Malosa. In particular, we are collecting PPE for the hospital (disposable gloves, masks and aprons),

children's clothes and knitted jumpers for the nurseries, Maths equipment (calculators, protractors, compasses etc) for the school. Please take a look at the full list at the back of Church and let us know if you are able to donate. You can contact the team or take your items to the Church Office during office hours in the morning. Contact: Wendy Meldrum on [wendymeldrum@gmail.com](mailto:wendymeldrum@gmail.com) Thank you!

**Annual Vestry Meeting and APCM** - This year's Annual Vestry Meeting and APCM will be held on Tuesday 23rd April at 8.00pm in St Lawrence Church Hall. At this meeting we elect our churchwardens and new members of the PCC. If you are interested in becoming a Churchwarden, joining the PCC or one of the committees then speak to Peter, Helen or one of the Churchwardens.

**Malawi Project - Gourmet Supper** Many thanks to all who supported last week's Gourmet Supper that raised funds for our Malawi Project. We hope that you all enjoyed the fantastic food, company and entertainment that was provided. The financial result was fantastic too. The event resulted in £1,900 being added to the funds available to be spent during the visit to Malawi in May. This sum was boosted by several very generous donations. The support of so many in our congregation and the wider community is much appreciated

**Malawi Event: A concert with Stratosfrere: Saturday 13<sup>th</sup> April**

We welcome back this amazing cover band for another excellent evening of music. They also write their own songs and play a wide variety of music from the 60's/70's to present day. Doors open 6.30 for 7pm start. Tickets: £12.50pp. Come along and support. Venue: St Peter's Church Hall: Bushey Mill Lane, Watford, WD24 7TF

## CONTACT NUMBERS

**Vicar:**

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**Curate:**

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**Safeguarding Officer:**

Roxanne Yau  
[safeguarding@abbotslangley.org.uk](mailto:safeguarding@abbotslangley.org.uk)

**Reader:**

Mrs Sally Sanderson - 01923 265963

**Director of Music**

Marianne Ryall  
Email: [directorofmusic@abbotslangley.org.uk](mailto:directorofmusic@abbotslangley.org.uk)

**Church Office Opening Times:**

10.00am until 12.30pm Mon-Fri - 01923 261795  
Email: [adminstlawrence@abbotslangley.org.uk](mailto:adminstlawrence@abbotslangley.org.uk)

***If anyone needs the ministry of a priest at any time, day or night, please contact Peter directly.***