



Outlook

October 2026

Abbots Langley
and Bedmond
Parish
Magazine

50p



SAVE THE LYCHGATE

The lychgate which stands at the main entrance to the churchyard of St Lawrence Church was commissioned as a memorial to Queen Victoria in 1901 and paid for by donations from the people of the parish.

It was designed by Architect Fredrick Kinnier—Tate of St Albans and constructed by a local tradesman Edwin Glennister. The construction was carried out over 3 months during the summer of 1902.

The construction is primarily an oak timber framed structure with traditional mortice and tenon joints to the upper sections and with metal dowels and through bolts to the balustrade, posts and ground sill.

After one hundred and twenty-four years of providing a focal point in the village, a fitting entrance to the churchyard and shelter for all who need it, it is now in need of specialist restoration.

The cost of this work is more than £15,000 and once again we need the help of all who live in the village, use the facility or value its importance to help us restore it for generations to come.

**PLEASE DONATE WHATEVER YOU CAN
USING THE QR CODE or
THE DONATE PAGE ON OUR WEBSITE**



October Calendar

REGULAR SERVICE TIMETABLE

Sunday

8.00am Eucharist
at St. Lawrence

9.30am Eucharist
at St. Lawrence

11.30am Eucharist
*at the Church of the
Ascension*

Wednesday

12.00 noon Eucharist

Monday to Saturday

9.15am Morning Prayer

WEEKLY EVENTS

Weekly events do not happen on a bank holiday.

Monday

10.00am Coffee Morning
Breakspear Room

Tuesday

10.30am Tiny Tots
St Lawrence Church
(Term time only)

Thursday

12.00pm and 8.00pm
Alpha Course
Breakspear Room

Friday

10.00am Tin Church
Craft Group
The Tin Church

2.00pm Craft and
Conversation
Breakspear Room

OTHER EVENTS

Saturday 3rd

9.30am Churchyard
Working Party
St Lawrence Churchyard

7.00pm FOSL Quiz Night
St Lawrence Church Hall

Sunday 4th

5.00pm Evening Prayer
St Lawrence Church

6.30pm Nameless
Youth Group
St Lawrence Church Hall

Tuesday 6th

8.00pm Blokes
Breakspear Room

Wednesday 7th

10.00am Bedmond Coffee
Morning
The Tin Church

2.00pm Compassionate
Café
Breakspear Room

Sunday 11th

11.00am Harvest Festival
Service and Lunch
St Lawrence Church

5.00pm Choral Evensong
St Lawrence Church

Wednesday 14th

12.00pm Mothers' Union
Meeting
Breakspear Room

3.30pm Messy Church
Methodist Church

Thursday 15th

2.00-7.00pm CTAL
Baby Loss Awareness
Week Event
7.00pm Global Wave of
Light
St Lawrence Church

Saturday 17th

6.00pm Harvest Supper
The Tin Church

Sunday 18th

12.30pm Sunday Lunch
St Lawrence Church Hall

5.00pm Taize Service
St Lawrence Church

6.30pm Nameless
Youth Group
St Lawrence Church Hall

Sunday 25th

3.30pm Spark Service
St Lawrence Church

Friday 30th

7.30pm Elsa Jean
McTaggart Concert
St Lawrence Church



28th November

FOSL and Mothers' Union
Christmas Coffee Morning
St Lawrence Church Hall

19th/20th December

Wreath Festival
St Lawrence Church



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South Oxhey: 0208 515 8321 Mon-Fri 10-4

County wide Adviceline: 0800 144 8848, Monday to Friday 9am to 5pm. This number also uses Relay UK, type in 18001 then 0800 144 8848

The Tin Church Fete

Many thanks to all who helped, donated items and attended the Church of the Ascension Fete on 12th September. It was a great success all round, raising £626.10.

Wendy Bell

Book Review

Between Living and Dying: Reflections from the Edge of Experience

by Ruth Scott

Ruth Scott was the first woman to be ordained by the Church of England and was a regular contributor to Chris Evans' BBC Radio 2 programme, *Pause for Thought*, which shared bite-sized, faith-driven wisdom. In 2017, Scott was diagnosed with an aggressive form of cancer. As medical treatments and hospital stays began to dominate her life, she was forced to take a step back and ask the big questions; what it is to be human in the face of uncertainty.

Now I get it, illness and mortality are not an easy sell for a book review, but stick with me—as Scott encourages us to think about this subject differently. She argues that if we allow our fear of death to control us, it can affect the way we live, 'those who fear their death never live fully'. As we follow Scott through her reality, her faith doesn't falter; she does not believe in a God who causes people to suffer, moreover she recognises that suffering is an unavoidable part of life. Her words struck a chord in me, 'without suffering in the world humankind would be less compassionate, empathetic, less conscious of the joy as well as the sorrow.'

On Christian values she asks us to consider whether our sense of community is as strong as it could be. Are we still too quick to judge others? Gospel references throughout the book bring us back to the question, 'What would Jesus do?' In John 7:53–8:11, for example, Jesus is asked to condemn an adulterer but He encourages us to consider ourselves before judging others. Being reminded of these words makes me want to do better. And that's essentially what Scott achieves—she makes her readers want to be better humans.

Scott too encourages purpose driven space, silence and time alone in our busy lives away from noise and distraction. A sentiment our own Vicar has advised we do time and again when we seek guidance with God. Again, this struck me, how many times do I fill silence with a podcast on a run or pop the radio in the car?

This is *honestly* not a book full of despair, it's hopeful and positive. Ultimately, it is an ode to life and everything that comes with it. Scott reminds us that both the joyful and difficult experiences we face are all part of being human in all its wonderful messiness. *Copy available in church.*

Felicity Page



Friends of St Lawrence

As the Outlook goes to print the Friends Quiz has not yet happened but by the time you read this it will be imminent or even over. So congratulations to the winners whoever you are and commiserations to the losers. Also a big thank you to all those who attended and took part, those who helped with catering, helped to set up the hall, set the questions or helped on the night. We are very grateful to all those that give freely of their time to make sure that St Lawrence Church can be well maintained.

Do make sure that you pop up to the Church Hall on 28th November for our 'not to be missed' Christmas Coffee morning. And if you are a patron please wear your badge or make it known to

us that you are a patron so that you can have your free bacon butty. If you are interested in becoming a patron do speak to Wendy Meldrum or me on the day. All we ask is that you give a monthly donation of an amount of your own choosing.

We have heard rumours that the craft and conversation group have already started preparing for the wreath festival and it is already a topic of conversation amongst other groups that want to enter too. We invite entries from schools and from individuals, so please do not be shy. We will need you to fill in a form with your details so we know how many wreaths and you will want to know when to drop off your wreath and when to collect it, perhaps to put it on your front door or let us know if you want to offer it for sale.

These are the dates for your diary:

28th November: Christmas Coffee Morning

3rd December: Hot Chocolate at the Parish Council Light Switch on

19th/20th December: Wreath Festival

Carol Higgs

Churchyard in October: Rubies, Emeralds and Diamonds

Autumn is the season when we see fungi in the churchyard. One particular type of fungi that we have in the churchyard is waxcaps. These appear in grasslands that are well drained, not

disturbed by farming, in soils that have not been fertilised and in areas of short grass that have plenty of moss. Because all these conditions are conditions we provide in the churchyard we are very fortunate to be able to see these wonderful fungi which are known for their bright colours and waxy/shiny looking caps. 'They are the rare beautiful

jewels of the fungi world, shining like rubies, emeralds and diamonds' in the late autumn in churchyards. Many wax caps species are considered rare or threatened due to habitat loss. The parrot waxcap is bright green, and the crimson and snowy waxcaps are red and white respectively as you can guess from their names. The scarlet

hood waxcap is of course scarlet. We have added some more information to the wildlife notice board about these wonderful fungi. We also have some photos taken in 2024 in our churchyard which we will add to the notice board. *Please turn to page 19 to see these photos.*

Carol Higgs

Abbots Langley Gilbert and Sullivan Concert

In September 2025 the Abbots Langley Gilbert and Sullivan Society started their celebrations for their 75th anniversary with a concert at St Lawrence Church. The celebrations have continued with a garden party and a buffet dance in the village at the Henderson Hub. The final event for this 75th year is going to be a morning concert at Saint Lawrence Church on November 14th at 11:00am. There will be refreshments served from 10.30am as per the May concerts. The programme will be a mixture of musical theatre and Gil-

bert and Sullivan to reflect our shows throughout the years. Music will include songs from Iolanthe, Gondoliers, The Mikado, Princess Ida, Pirates of Penzance, Carousel, Oklahoma and the Wind in the Willows. Soloists who are well known to Saint Lawrence Church and the village include Kathy Bunting, Alex Horrox-White, Brenda and David Southorn and Emma and Russell Stratton. The concert will end with songs from our very exciting and ambitious next production Chitty Chitty Bang Bang, due to be performed at Watford Palace Theatre in January 2027. The concert is free admission with a retiring collection.

Brenda Southorn (President)



Edwin Glenister: The Man Who Built The Lychgate

The story of the Glenister family of Abbots Langley (Part One).



Recently I had the pleasure of spending the afternoon with Caroline and Richard Glenister, the grandchildren of Edwin Glenister, the builder of the lychgate at the entrance to St Lawrence Church. The Glenister family was very prominent in the life of Abbots Langley. Edwin built the lychgate between April and June 1902. Its cost was just under £130 (the equivalent of just over £16,000 at today's value) and the money was raised by public subscription and on completion it was dedicated by the Bishop of Colchester.

Edwin Glenister was born in 1868 in Bovingdon. His grandfather was a bricklayer and his father a master bricklayer, so he came from a building family. In 1889, Edwin was admitted into the Amalgamated Society of Carpenters and Joiners. He was one of five brothers and two sisters and established a very successful family business. In Clive Clark's book it says that he was one of the most important carpenters

and builders in the area. His 'shed' was at the bottom of Adrian Road. He not only served the village, but also built houses in Edmonton, North London. He built practically the whole of the North side of Marlin Square and the substantial houses at the end of Langley and Adrian Roads, characterised by mauve brickwork and red edging. It is likely that he built the Baptist Church in Langley Road (now the Council Offices) as well as houses in Gallows Hill Lane, Upper Highway and along Leavesden High Road. It was a distinct style of building, and you can identify his work around the village once you have seen his own house at 25 Langley Road. As well as running a builders and carpentry business, Edwin was also an undertaker, using his skills as a carpenter and joiner to make coffins.



When Vicar Parnell set up a Reading Room in Abbots Langley, Edwin Glenister was elected as Secretary.

On Christmas Eve 1894 he married Caroline Elizabeth Jessie Seabrook—known as Jessie—in St Lawrence Church. They had one son, three daughters and three grandchildren.

Over the years they became property owners, owning at least 16 houses in the village. Jessie ran a sweet shop in the High Street (now occupied by the Village Cafe.) The property next door to the sweet shop was let out to Lloyds Bank. When grandson Richard was 6 or 7 years old, he remembers being allowed to play briefly in the bank with his sister at weekends! Jessie ran the shop until her death in 1940. Her son Clement was serving in the Far East and couldn't return home for the funeral. Instead, he attended a service in the ship's chapel at the same time as his mother's funeral service in Abbots Langley.

There was another tragedy for the Glenister family during the war years. In 1944 Edwin's sister Emma was living in Sandringham Road in Watford, and that weekend her relative, Annie Seabrook was staying with her. Annie lived in Sarratt and the two women took it in turns to stay at each other's houses over the weekends. They should have been in Sarratt that weekend, but something had cropped up so they broke their pattern and were in Sandringham Road when it was hit by a V2 rocket. Thirty-eight people were killed, including Emma Glenister and Annie Seabrook. Their funeral service was held at Watford Town Hall and they were buried at Sarratt Parish Church. There were 73 floral tributes to them.

From 1935 Abbots Langley was expanding and demand for houses grew. Looking at Edwin's account book which covered his work from 1943 until 1947, it seems that at this

stage of life, in his mid to late seventies, he confined his business to repair work, internal decoration, roof repairs, plumbing jobs, mending sash windows and repairing locks. By the end of the 40s he was really a co-ordinator of work done by others.



Granddaughter Caroline well remembers visiting the house in Langley Road where her grandfather lived with his two unmarried daughters, Isabel and Kathy. She remembers him being always cheerful and having a lovely smile. He was always well dressed, usually in a three-piece suit complete with silver watch and chain and highly polished shoes. He smoked a pipe with a lovely, mellow tobacco smell and always seemed pleased to see them. Caroline was about 8 years old when he gave her a most beautiful dress. It was royal blue with red and white trim at the collar and wrists. Her grandfather couldn't stop beaming when she put it on.

Edwin Glenister died at the age of 93 in 1961 but his legacy lingers on through the houses he built in the village and the lychgate at St Lawrence Church.

Brenda Southorn



From the Vicar

The latest in a series on the nine essential 'S's of the spiritual life....

Over the last few months, this slot has featured the 'S' wheel: a visual way of thinking about the vital ingredients in the spiritual life. At the centre of the wheel is worship—the fundamental human instinct to aim our lives beyond ourselves, to give ourselves wholly, without reserve, without restraint. How to make sure that powerful urge is well-aimed? This is where the wheel comes in: by shaping our worship through a whole range of other practices and habits. The nine 'S's: sacraments, service, sorrow, supplication (a bit of a stretch, but it simply means 'asking'), scripture, sabbath, stillness, society and sharing.

The glory of the wheel is that there's no hierarchy to it. It's not suggesting that any of these elements are more vital to good worship than the others, let alone trying to rank them in precise order. Different 'S's might loom more or less large according to our personalities, or the different seasons of our

lives. If one was to be entirely missing, the wheel would still turn but travel might be a bit on the bumpy side—and the more that went missing, the bumpier it would be.

This month the 'S' in question stands for Scripture. Simply put, if you want to lead a full and healthy Christian life you need to be soaked in the Scriptures. That is because the God Christians believe in is one who has spoken through these writings. If you want to know Him, you have to know them: they are his Word. A Christian who does not love the Bible is a very strange beast indeed.

And yet, for most of Christian history, most Christians couldn't read—or if they could read, certainly didn't own a Bible. The norm therefore was that engagement with the Scriptures came and first and foremost in public worship. You didn't sit down by yourself, in isolation, and read the Bible as a private individual: you heard it with others. And you heard with it—in the preaching—how the Church has made sense of it. This is a really good example of the interdependence of the 'S's: Scripture came along with the Christian Society, the Church, as it celebrated its Sacraments. The Bible is never on its own.

Which is a relief, because on its own it can be a blooming confusing read. There will probably always be some who insist on trying to read from Genesis 1:1 right through to Revelation 22:21, and that might conceivably have some merit—not least as a training in



endurance. However, Scripture was never intended to be read like that, and it often proves a barren wasteland of an approach. No: you learn Scripture best through regular participation in the worshipping life of the Church. That's where the different texts are drawn together to make Christian sense, and where you're given the lens through which to understand what's going on—the lens, that is, of the Creed and the preaching and each other.

So the simplest advice about how to read the Bible is to keep coming to church, and listening carefully. Beyond that, why not get ready for Sunday by reading thoughtfully (even, prayerfully) through the readings for every week, which—gosh, it's almost as if we'd thought of this—are conveniently printed in the pewsheets each week. Do that, and you will be well on your way towards the kind of soaking in Scripture which is vital for the Christian life.

The odds are, though, that you'll end up with an appetite for more. So what's

the best way of taking your biblical exploration further? The 'greatest hits' approach is best. What are the books that are usually most nourishing for Christian life? Well, without question the Four Gospels: setting out the story of Jesus. As a next step, what was most important for Jesus himself? Judging from his words, the list probably includes: the books of Genesis, Exodus and Deuteronomy; the prophets Isaiah (especially Chapters 40–55) and Jeremiah; the Psalms, and the Book of Daniel. And to understand what early Christianity made of Jesus, the Acts of the Apostles, and Paul's letters to the Philippians and the Ephesians are, for my money, the first places to go.

It always good to read the actual Bible, as opposed to other people's thoughts about the Bible. That said, other people's thoughts can also be good! Among myriad possibilities, I'd single out The 'New Testament for Everyone' series by Tom Wright as a fantastic introduction to every book of the New Testament. The Bible Reading Fellowship produces excellent notes for daily reading, especially the *New Daylight* series. And if one sermon a week isn't enough for you, the weekly online sermon by the American Catholic Bishop Robert Barron is well worth a listen, as are those of the (sadly now deceased) Presbyterian preacher Tim Keller. All these will help you draw out the full riches of the Scriptures.

Happy and holy reading!

Peter

Messy Church

It was good to be back at Messy Church after the long summer break and to catch up with everyone's news. We had a really lovely afternoon for our first meeting of the term welcoming new faces as well as saying hello to our regular Messy Church families.

Our theme for the next few months is: "the People Jesus met." We started off our series with Jesus meeting the children. Dennis related the story of how the disciples told the children to go away and not to bother Jesus, but Jesus' response was to say, "Let the children come to me." The crafts reflected Jesus' teaching that everyone, whatever their age, is important to God and precious. The children also made up a game and had fun playing it to show that play and fun are an intrinsic part of childhood.

Sadly, this month, we said goodbye to Thomas as he leaves us to go off to university. Thomas has been a part of

Messy Church for 15 years, firstly as a child doing the crafts and latterly as a volunteer, helping to organise the crafts! We will miss Thomas as he has been such a fantastic help and he is brilliant with the children. We are hoping that he will pop in and see us when he is back for the holidays. We sent him off with one of our Messy Church cards and a box of chocolates. Thank you Thomas . . . Messy Church wishes you good luck!

Our October meeting will be **Wednesday 14th October at the Methodist Church 3.30pm–5.45pm**. Messy Church is free but we welcome donations. Please contact Wendy if you would like to come to October's meeting on wendymeldrum@gmail.com. It is useful for us to know who is coming so we can cater for the crafts and Messy Church tea.

Everyone is welcome . . . do come along and join in the fun!

Wendy Meldrum



Revd. Dr Anders Bergquist



Many of you will remember Anders when he was our Curate at Abbots Langley. After leaving us he went on to St Albans Abbey and then became Vicar of St John's Wood Church in London. On the 11th September he was awarded the Canterbury Cross for Services to the Church of England. At A ceremony in the Great Hall of Lambeth Palace the Archbishop of Canterbury, Sarah Mullally, presented her first Lambeth Awards since taking office. Anders' award was given...

'For his sustained and distinguished contribution to the liturgical life and

theological formation of the Church of England, and to ecumenical engagement.

The Reverend Dr Anders Bergquist has given outstanding service to the Church as a liturgist, theologian and priest, combining scholarly depth with a lifelong commitment to the worshiping life of the Church. His ministry has been marked by a particular concern for the theological integrity and pastoral depth of Anglican liturgy.'

The reason for the award went on to reference his long association with the Church of England's Liturgical Commission; the many years he served on the Council of the Archbishop's Examination in Theology; his work in fostering relationships with the Nordic and Baltic Lutheran churches and his commitment to grass roots ecumenism in Italy.

We would like congratulate Anders on his well deserved award.

From the Parish Registers September 2026

Christenings

Evan Dorsett-Wright
Ocean Noble
Theodore Stokes

Weddings

Sophie Abbott and Wayne Barber

Funerals

Terry Fox
Gordon Tonner

Malawi Project

Container: A huge thank you to everyone who has made a contribution to the Malawi Container either with knitting and sewing, donating items or monetary donations, every single item will be received with joy by the community in Malosa. Please could you leave your name if donating a gift, especially if you have knitted or sewn an item, so that we can thank you personally!

Unfortunately, the date for the container has still not been fixed as the organisers are having problems with shipping the container. This is the notice they have sent out:

Due to the ongoing tension and recent activities in the strait of Hormuz we are unable to confirm a date for the container lorry. At this stage we are unsure if it will leave this year; however, we are hoping and are now looking at October should things change in the Strait.

At the moment, we can store all the items that have already been donated but given the uncertainty of the situation we are now asking people to hold on to their gifts till we know what is happening. When we are given a definite date by the organisers, we will let you know. If anybody has storage space for the items we have already collected could you get in touch we would be very grateful. Thank you all for your patience—fingers crossed we will get a date soon.

Our Next Event: Elsa Jean McTaggart: Singer, song writer and musician from

Lewis in the Outer Hebrides. Elsa will be performing in St Lawrence Church on Friday 30th October at 7.30pm in aid of the Malawi Project Fund. There will be light refreshments available on the night. See page 18 for more details.

November Gourmet Dinner: Postponed until next year (likely February). Please look out for the new date!

Would you be interested in being part of the Malawi Team? The Malawi project is a part of St Lawrence's outreach to the greater community and in the case of Malawi our outreach is to the community in Malosa. We have supported several vital projects in the hospital, secondary school and community there and we do this by fundraising. Our Malawi Team has a full calendar of fundraising events as well as activities that raise awareness of our links with the community there.

Potential Visit: We are now planning for a visit in May next year (2027). A visit to Malawi entails a great deal of preparation both in raising funds to take with us and planning our time whilst there. In the run up to the visit we fundraise, meet regularly and bond as a team. Making a visit is a hugely rewarding experience but is also an on-going commitment.

Presentation on the Malawi Project & Potential Visit: Might you be interested in being part of the team or even joining us on our visit in May 2027? Please come along to a short presentation on **Sunday 4th October at 11am** in the Breakspear Room.

PARISH DIRECTORY

The code 01923 precedes all the telephone numbers unless stated otherwise

Abbeyfield (West Herts) Society
 Bedmond Bells WI
 Bedmond Village Carpet Bowls
 Bedmond Village Hall
 Bell Ringing
 Bowling Club
 Breakspeare Community Pre-School
 Brownies, Rainbows and Guides
 A/L Carers and Former Carers Support Group
 Churches Together
 Citizens Advice Bureau
 Community Centre
 Cricket Club
 Evergreen Youth FC
 Family Planning
 Flower Arrangement Society
 Friends of St Lawrence
 Friends of The Tin Church
 Gardening Society
 Gilbert & Sullivan Society
 Hillside Residents Association
 Home Start (Helping Families Under Stress)
 Infant Welfare Clinic
 Library

Little Fawns Pre School

Local History Society
 Mothers' Union
 Orchestra (ALO)
 Parent & Toddler Group
 Parish Council and Halls
 Players (ALP)
 Royal British Legion
 St Lawrence Church Hall
 St Lawrence Church Flower Arrangers
 Scouts: 1st Abbots Langley (3rd North Watford)
 Langleybury Scout Group
 Youth FC

Marcus Coultrup (334387)
 Carol Paley 07932 007353 or Moira Bunting 01923 262242
 Margaret Forrest (670989)
 Simon Smith (07401 331302)
 Phill Higgs (07973 265666)
 off Langley Road (alongside the Scout HQ)
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 Marie-Louise Nolan 07769 696629
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 Delva O'Reagan (267585)
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 Penny Abbot (01442 873205)
 Community Centre; Wednesday & Friday 9.30-11.30 am
 Council Office, Langley Road (265139)
 Jean James (461549)
 Secretary: Chris Driscoll (01923 675563)
 Church Office (261795)
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 Chair: Dave Gray chair@abbotslangleyscouts.co.uk
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Unfortunately our September meeting was cancelled due to a funeral booking in church so this month we shall catch up on our ideas for a branch prayer booklet—please bring copies along—prayers to fit in with community life or your favourite prayer(s) which you have found helpful. We meet on

Wednesday 14th October at 11.00am, then go into Communion at 12.00noon.

Just a reminder of a couple of extra dates for your diary for November—St Lawrence is hosting the Churches Together Service for the Bereaved this year, on Sunday 1st November at 3.00pm and we shall provide the refreshments—tea and cakes. On the day we shall need help as well as cakes! Then on Saturday 28th November we shall join the Friends of St Lawrence for the annual Coffee Morning. More details of both at the October meeting.

Pam Rastall
pamrastall@live.co.uk

Bedmond Bells Women's Institute

At our September meeting, we had an interesting talk from Abbots Langley Local History Society. This was an eye opener for some of us, even those who have lived in the area for decades. It goes to show what a wealth of history there is locally if you know where to look.

Next month we shall hold a Harvest Supper for our October meeting, which is always good fun, with no doubt some enjoyable social activities to follow, then in November we shall have a craft evening in preparation for the festive season.

We held a Community Café lunch in the Tin Church, Bedmond, in September and we will continue to hold 16

these through the winter months. Look out for posters and local posts. The next one will be on Thursday 19th November from 12 to 1.30pm. They have proved to be popular, an enjoyable light meal in a friendly and social environment.

Our Book Club continues to thrive, and we are planning to start an additional informal book swap and chat group in the near future.

If you would like any further information, our contact details are below.

Carol Paley (President): 07932 007353
Moira Bunting: 01923 262242
bedmondbellswi@gmail.com

Meetings are held in Bedmond Village Hall at 7.30pm on the 2nd Friday of each month except August

A Rocha UK's Easy Eco Tips

Greening your home this Autumn. Tackle climate change and reduce your heating bills by finding and reducing the draughts in your home. Find the gaps that let cold air in and warm air out (keyholes, letterboxes and gaps around windows, doors, loft hatches and floorboards for example). Do what you can to fix these gaps—there are lots of tutorials on how to do this online. It's also a good time to prepare for winter by putting radiator

reflector foil or baking foil behind the radiator. This will reflect heat back into your room.

Explore more Season of Creation resources at: arocha.org.uk/what-we-do/season-of-creation

For more eco tips visit:
arocha.org.uk/wild-christian



QR Codes

If you would like to access the website for either St Lawrence and the Church of the Ascension or for St Albans Cathedral, you can do so by scanning the QR codes below.

QR code for St Lawrence Church and The Church of the Ascension



QR code for St Albans Cathedral



Churchwardens

Richard Baldwin

(churchwarden1@abbotslangley.org.uk)

Pam Lewis(churchwarden2@abbotslangley.org.uk)

Website: www.abbotslangley.org.uk

Contacts

Vicar: The Revd Dr Peter Waddell

Tel: 07552359046

Email: vicar@abbotslangley.org.uk

The Church Office:

High Street

Abbots Langley

WD5 0AS

Tel: 01923 261795

Email: adminstlawrence@abbotslangley.org.uk

Church Office Opening Times:

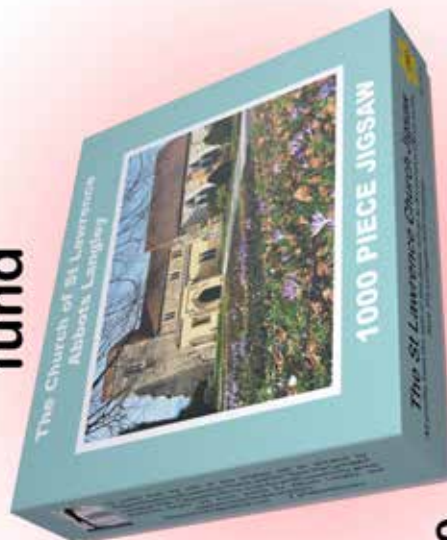
Weekdays 10.00am-1.00pm (Closed Wednesdays)

To submit an article for Outlook, please contact the Church office.

The St. Lawrence Church

1000 Piece Jigsaw and donate to the

SAVE THE LYCHGATE fund



£20

All profit (£7.34) from each jigsaw will be donated to the fund

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Flatpacktheatre is a not-for-profit community group producing theatre and music events for Abbots Langley, and supports local theatre societies.

FRIENDS OF ST LAWRENCE



SATURDAY 3rd OCTOBER
ST LAWRENCE CHURCH HALL
7PM

Tables of 8: you can join a table on the night or make up your own team. Tickets: £18.50.
There will be a two-course supper included and BYO drinks.

Please contact wendymeldrum@gmail.com
to book a place or
Church Office
on 01923 261795



Churchyard in October: Rubies, Emeralds and Diamonds

Continued from page 7.





**Elsa Jean
McTaggart**
with Gary Lister

*Return to Abbots Langley with their latest
Edinburgh Festival show*

Celtic Tales

*Music, Myths and legends
plus more musical fun, favorites and requests*

Friday 30th October 7:30pm
St Lawrence Church
Abbots Langley

Tickets £15, profits to the Malawi Project

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